

Mesa Alta Bobcat Football



Team Rules and Player Expectations

1. **Academics always before Athletics.**
2. **Respect your Coaches, Teammates, Opponents and Officials.**
3. **Be Positive and Encourage one another at all times.**
4. **You must Maintain a 2.0 Grade point Average at all times or you will NOT Play.**
5. **Be Loyal to your Coaches, Teammates, Teachers and School.**
6. **Practices are Essential and Attendance is Mandatory.**
7. **Practice and Play with the enthusiasm, intensity, dedication that it takes to be a Champion on and off the field.**
8. **Be Coachable, Know your Job and Do It!**
9. **Work your Hardest. Demand it from yourself and Teammates.**
10. **No unexcused Absences.**
11. **Control your Tongue-words can do the greatest damage and foul language will not be tolerated. Remember that you are now representing yourself, team, school, parents and community.**

"It's not the will to win that matters, everyone has that. It's the will to prepare to win that matters" –Paul "Bear" Bryant

"Without Self Discipline, Success is impossible, Period!" -Lou Holtz

"Train like a Champion, Perform like a Champion, Be a Champion" -B. Mosley

Head Coach Brian A. Mosley 505-860-5625

Asst. Coach Mike Reinhardt

August 2016 Bobcat Football Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Practice 4-6:00pm @ Mesa Alta Offense	2	3 Practice 4-6:00pm @Mesa Alta Defense	4 Practice 4-6:00pm @ Mesa Alta Offense	5	6
7 Must have Physical Turned in By Aug.8	8 Official Practice Starts Practice 4-6:00pm @ Mesa Alta Offense	9 Practice 4-6:00pm @Mesa Alta Defense Helmets Day	10 Practice 4-6:00pm @ Mesa Alta Offense	11 Practice 4-6:00pm @Mesa Alta Defense	12 Practice 4-6:00pm @ Mesa Alta Offense	13
14	15 Practice 4-6:00pm @ Mesa Alta Offense	16 Practice 4-6:00pm @Mesa Alta Defense	17 Practice 4-6:00pm @ Mesa Alta Offense	18 Scrimmage vs Kirtland and Shiprock @Kirtland Mid Sch. 4:pm	19 Practice 4:5:30 Special Teams	20 Utah Deer Hunt
21 Utah Deer Hunt	22 Practice 4-6:00pm @ Mesa Alta Offense	23 Practice 4-6:00pm @Mesa Alta Defense	24 Practice 4-6:00pm @ Mesa Alta Offense	25 Game 1 4PM Vs Mesa View @ Bloomfield	26	27 Colorado Deer Hunt
28 Colorado Deer Hunt	Practice 4-6:00pm @ Mesa Alta Offense	30 Practice 4-6:00pm @Mesa Alta Defense	31 Practice 4-6:00pm @ Mesa Alta Offense/Defense Specials	Sept. 1 Game 2 4PM Vs Heights @ Heights Mid School		